



The **BARTON** *Miller*

February 2017



PANCAKE MONDAY
27th FEB from 6.30pm

Hosted by

The Preservation Trust

With guest speaker

falconry expert - Keith Mutton

Details inside



Originating from & produced by St Mary's Church Barton Mills

February 2017

Editor	Joy Willis	42 The Street	Tel: 713231
Compositor/Typing/Cover	Nancy Higgins	67 Church Meadow	Tel: 515215
Duplicating	Frances Cox	69 Church Meadow	Tel: 713477
Duplicating Reserve	Karen Passmore	55 Church Meadow	Tel:711741
Collating	Karen Colasante	23 Church Lane	Tel: 713258
Collating Assistant	José Davis	36 Church Meadow	Tel 712072
Collating Reserve	Lindsey Judd	2A Church Lane	Tel: 715837
Distribution	Pamela Boura and the House to House Delivery Team	30 The Street	Tel: 510504
Accounts	Barbara Murphy	73 Church Meadow	Tel:712000

Dear Readers,

We did it! We did actually increase the giving for the Children's Society at our Christmas Eve Service held last December. In 2015 £800 (plus a little Gift Aid) was raised. In 2016, including Gift Aid, as worked out by our Treasurer - £900. Thanks to all who gave so generously for this wonderful charity. I'm sure everyone enjoyed the 5pm service, which is such an uplifting start to our Christmas celebrations.

Other charities - (see later pages) - the "flower ladies" - made £400 from the sale of floral decorations and the "knitters" among you raised £734, over three years, from the sale of knitted poppies. It is good to be able to use time and talents to help those less fortunate and is, I am sure, greatly appreciated.

February is the month when our regular advertisers renew their payments. Please use their services whenever you can, as their support helps to keep the Barton Miller coming each month.

COPY FOR MARCH EDITION TO ME BY 20th FEB PLEASE

Yours sincerely Joy Willis

BURY ST EDMUNDS MOBILE LIBRARY VAN DATES (Route 4)

Email: help@suffolklibraries.co.uk Telephone: 01473 584563

The Library Van visits Barton Mills (behind Lamb Court) on Saturday aft. 2.00pm to 2.30pm . **This will be the following Saturdays -**

11th February 2017/11 March 2017

Vicar's Letter

Dear Friends

As parish priest of 4 busy parishes, I couldn't possibly manage without the assistance of a wonderful team of co-workers and ministers of different kinds, some of whom have been faithfully serving here for many years before I arrived, others of whom have arrived on the scene more recently. This month I'd like to introduce to you David and Caroline Butcher who are a mix of both, having been active leaders in the churches for some years but now beginning a new ministry amongst us having been licensed as 'Readers' or licensed lay ministers last June. David and Caroline write:

"We moved here from the West Country in 1991. In 1995 Caroline's 8-year-old Goddaughter died suddenly. This hugely impacted Caroline largely due to the strength demonstrated by the child's mother who was a close friend and a committed Christian. Determined to find out where this inner strength came from, Caroline investigated Christianity by attending an Alpha course on Christian Basics and, in April 1996, committed her life to Christ.

In the meantime David was quietly observing a change in Caroline and in November 1996 he also gave his life to Christ. Since that point, although their Christian walks have been independent, they are also very much linked. Within 12 months David was encouraged to give talks during services and Caroline took an active role in the Children and Youth Ministry. This led to them visiting various Youth and Family Christian Conferences and running a youth group together over the next 10 years.

In 2011 David and Caroline, encouraged by their vicar, signed up to a 12 month course called 'Growing Leaders', to help them to determine whether they had the skills and abilities to consider a leadership role within the church. After much prayer and consideration with close friends and family, they began training in 2013 to be Lay Readers, a ministry which particularly focuses on preaching, teaching and pastoral care, and were licensed by the Bishop in June 2016.

Recently Caroline retired from fulltime employment and is now very keen to develop her role, which will soon include leading funerals. Her interests include long distance running, Pilates, golf and holidays in the sun; she is also kept busy providing support to her elderly mother.

David is currently working four days a week as the Diocesan Safeguarding Advisor, helping to make churches in Suffolk safe places for children and vulnerable adults. His outside interests include his passionate support of Arsenal FC, playing golf badly and social media. He is also keen to develop his ministry and has a particular enthusiasm for pastoral encouragement, particularly the preaching and teaching aspects of the Lay Reader role. They both enjoy planning, preparing and delivering services across all 4 parishes of the Lark and Lee Group and also have an active role in the 'Open the Book,' a scheme which enables local people to act out bible stories in school assemblies."

If you meet David or Caroline in church or about the parishes, please do give them a warm welcome. We are very lucky to have them as part of our marvellous team.

Love, Sandie x

St Mary's Church Barton Mills.

Parish Priest in Charge: Rev. Sandie Barton.

6 The Street, Freckenham. IP28 8HZ . Tel 01638-720770

Email - revsandiebarton@gmail.com

Your Church Representatives:

Churchwarden/Verger: Davina Peachey, 24 Church Lane Close, Barton Mills. Tel 716265

Churchwarden: Dave Traher, 25 Church Lane Close, Barton Mills. Tel 718328

St Mary's Parochial Church Council Members:

Secretary: Frances Lewis, 11 Church Meadow Barton Mills. IP28 6AR. Tel 713155. To whom all correspondence should be addressed.

Treasurer: Steve Hills.

Deanery Synod Representatives:

Nora Shipley and Rodney Knight.

Elders: Colin Brotherton; Glynn East and Dave Traher.

Other PCC Members : David Powell; Sandra Woollard; Jo Traher; Jackie Vermeulen; Alan Butcher; Heather East and Steve Hills.

Prayer Times at Barton Mills

Fridays (weekly) 4- 4.30pm. In the Church. All welcome.

Mothers Union Next Meeting -

Monday 20th February 2017. 2.15pm. Mildenhall Church Room.

There is also a **Prayer Chain** for anyone needing prayers for themselves or others. Please ring **Colin Brotherton 713440.**

COFFEE MORNINGS

Every Thursday 10.00 - noon in the Church Rooms.

ALL VERY WELCOME



BARTON MILLS CHURCH SERVICES

Sunday 29th January 10am: Group Service at Freckenham

Sunday 5th February 9.30am: Holy Communion

Sunday 12th February

8am: Informal Early Holy Communion

9.30am: Messy church - activities for children and adults!

Please bring your children and enjoy a very practical and friendly time in the church

Sunday 19th February 9.30am: Holy Communion (by extension)

Sunday 26th February 9.30am: Praise and Worship Service

Ash Wednesday 1st March 7.30pm: At West Row, Group Joint Service of Holy Communion

Thursday mornings at 9am: Morning prayer with Bible readings, in the side chapel

Friday afternoons 4-4.30pm: Informal prayer time in the side chapel.

To contact our Parish Priest Revd Sandie Barton, please phone her on 01638 720770 or e mail her at revsandiebarton@gmail.com

LENT LUNCHESES

Simple lunches of soup, bread, cheese and fruit, will be held on **Tuesdays in Lent**, from 12noon to 2pm, at various venues around the Mildenhall area to raise funds for Christian Aid. Details in the March Barton Miller and the church bulletin.

LENT COURSES

Lent courses will be held in the four churches of our group, Barton Mills, Freckenham, West Row and Worlington, on the theme of Life Attitudes as presented in the Beatitudes. There is a description of this on page 8, and more details will be available soon.

**ST MARY'S (BARTON MILLS)
PRESERVATION TRUST**

SPRING MEETING 2017

PANCAKE MONDAY 27th February,
in the church

**GUEST SPEAKER: KEITH MUTTON,
Falconry Expert, with his birds of
prey.**

Keith Mutton is a Suffolk falconry expert whose work on the US bases helps protect the lives of the pilots and planes. His birds of prey are favourites among families at country shows. He will bring some of them with him, and talk to us about them and his work.

From 6.30pm - PANCAKES and snacks,
with wine and fruit juice, cafe style
7pm - a short report about the Preservation Trust
activities and plans for the future
7.20pm approx. – Keith Mutton

Tickets: £5 each, children 16 and under free
From Joy Willis (42 The Street, tel 713231)
Frances Lewis (11 Church Meadow, tel 713155)
or at the door.



ST MARY'S (BARTON MILLS) **PRESERVATION TRUST**

The Preservation Trust was started in 1996 to raise funds for the maintenance of the church building, which is now about 900 years old. During the past 20 years many thousands of £s have been raised. The Scarecrow Festivals have contributed greatly to these funds, as have the regular annual donations from the many members in Barton Mills and the wider community, and the special events held each year.

As 2017 is an 'odd' year, we hope to hold an OPEN GARDENS event on the first weekend in July, but, of course, we can only do this if several kind people in Barton Mills will offer to open their gardens to the public on 1st and/or 2nd July.

So – PLEASE WILL YOU OPEN YOUR GARDEN?

Any size of garden is interesting to visitors, small ones that can be easily seen in a short time or really big ones where people can relax and enjoy the scenery. We also hope to be serving refreshments and for there to be other events over the weekend.

If you can help with any of this please contact Ian Anderson on 01638 515741, or Frances Lewis, phone 01638 713155, e mail franceslewis35@gmail.com.

We are also looking for new members to join the committee. This group organises all the events and meets three or four times each year, at times convenient to the members. Again if you are interested, please contact Frances Lewis.

There is information on another page about the annual Spring Meeting, to be held in the church on 'Pancake Monday', 27th February. Everyone is welcome to come to this event, when Keith Mutton will be bringing some of his Birds of Prey and talking to us about them.

Frances Lewis, Hon Sec, Barton Mills Preservation Trust.

Special Study Groups will be held in Lent on the theme of Life Attitudes – A Study of the Beatitudes



This series of studies examines a series of Jesus' sayings known as the Beatitudes. These sayings (part of the 'Sermon on the Mount',) in many ways encapsulate his teaching, and Jesus himself lived them out in his earthly life calling his followers to do the same.

These studies encourage us both to examine our own lifestyle in the light of Jesus' radical teaching and to dare to live out kingdom values – here and now. Each session takes a dual approach to studying the Beatitudes, on the one hand deepening our understanding of Jesus whilst challenging our deepest personal values; and on the other helping us understand how these teachings impact on our approach to major global issues, such as environmental pollution and the deep-seated hostilities and injustices that afflict our world.

Studies will be offered at a number of different times and locations across our 4 villages, so that everyone will have a chance to attend. We are also offering a Quiet Day at beautiful Clare Priory where we will be introduced to the theme.

- Session 1 Living Well - 10am – 4pm Clare Priory Quiet Day, Saturday 4th March
- Session 2 Living Openly – w/c 6th March
- Session 3 Living Purposefully – w/c 13th March
- Session 4 Living Lovingly – w/c 20th March
- Session 5 Living Differently – w/c 27th March

Dates, times and venues of the different groups to be confirmed. Please see the March Barton Miller and the church bulletins for more information about the groups.

Books to accompany the studies will be made available at a cost of £4.99 each – sign up forms for these and the Quiet Day will be available in church during February.

BARTON MILLS PARISH COUNCIL

AFFORDABLE HOUSING

The proposed Housing Needs Survey has now been drafted and sent to Sunila Osborne - Rural Affordable Housing at Community Action Suffolk. It is hoped that the Survey will be ready for distribution door to door soon (with SAE's for its return), we hope that all households will respond.

FOOTPATH TO MILDENHALL UPDATE

It is hoped that the rest of the path will be re-surfaced soon, it has also been proposed that there be added provision of wider passing places along the footpath, to allow easier access for wheelchair and pushchair users; we are awaiting confirmation on this.

VILLAGE PARTY

The Parish Council are looking at the idea of a Village Party; such as was held last year for the Queen's Birthday celebrations. Suggestions have been made for a Family Event to be held on the Playing Field in late August/Early September. We would welcome any suggestions for the type of event. We are also looking for volunteers to help organise and run the event. If you are interested in helping, or have any ideas please contact the Clerk.

Next Parish Council Meeting:-

Friday 10th February 2017 at 7.30pm in the Village Hall

The public are very welcome to attend Parish Council Meetings and will be offered the opportunity to speak at the beginning of the meeting. If you wish an item to be raised at any meeting, please contact the Clerk at least 7 days before the meeting date.

Chairman: Pamela Boura (01638 510504) – chairman@bartonmills.net

Clerk: Vicky Bright (07712 232920) - clerk@bartonmills.net

Office Hours: Mon, Tues, Thurs & Fri 11am–2pm & Thurs 5pm–6:30pm.

Website: www.bartonmills.net

BARTON MILLS WEDNESDAY CLUB
All Over 50s Welcome

Wed 1st Feb: At 2 pm in the Village Hall, Pamela Boura will present "To the Centre and Back, a visit to Central Australia". Refreshments to follow.

Wed 15th Feb: Guided tour of Ely Cathedral and lunch cruise on board "The Captains Table". £37.50 members, £39.50 non-members. Places still available.

Wed 8th March: Visit to The Wolsey Theatre in Ipswich to see the comedy "Worst Wedding Ever" with free time before the show. £25 members, £27 non-members. Final bookings on 1st Feb.

Enquiries to Pamela on 510504 or pamela@boura.org

Meetings in the Village Hall: £2 members, £3 non-members
Membership 2017 £10



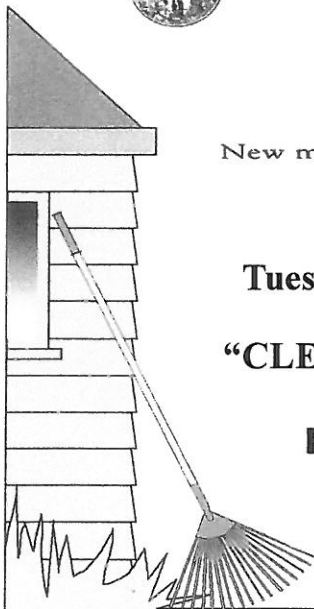
Barton Mills & District
Gardening Club
MEMBER OF R.H.S.

Annual Subscription £12.00

New members and friends welcome as paying visitors

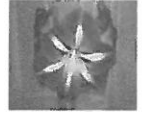
Tuesday 28th February 2017. 7.30pm
Roy Nunn -
"CLEMATIS THROUGH THE YEAR"

For further details telephone
Ian Anderson. Tel 515741.





BARTON MILLS BAPTIST CHURCH



I received numerous Christmas cards in December, however, very few of them portrayed the real reason for the season, the celebration of Jesus Christ's birthday, **BUT** one did, and I thought the words worth passing on.

IF our greatest need had been information, God would have sent us an educator.

IF our greatest need had been technology, God would have sent us a scientist.

IF our greatest need had been money, God would have sent us an economist.

IF our greatest need had been pleasure, God would have sent us an entertainer.

**BUT our greatest need was forgiveness,
so God sent us a Saviour!**

A best man at his friend's wedding reception **offered advice and encouragement** to the newlyweds. In his speech he told of a football coach in a nearby town who, when his team lost a game, **kept the losing score on the scoreboard all week to remind the team of their failure.** The good news for us in 2017 is that Christ turns off the scoreboard when we fail. **He came to earth to die for us and to forgive us our sins.** He doesn't simply forgive when we repent, He removes our sin as far as the east is from the west (Psalm 103 v 12). **With God, forgiveness means that our sin is out of sight.**

Some of us have made wrong choices in our lives, but **our past words and deeds need not define our future in God's eyes.** When we ask for His forgiveness, we take a first step towards restoring our relationship with Him and with others. **"If we confess our sins He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness"** (1 John 1 v 9). **Let us thank God for not holding our sins against us and granting us a second chance.**

FORGIVE AS GOD FORGIVES YOU – DON'T KEEP SCORE

We extend a warm welcome for you to attend any of the following: Bible Study at 7.30p.m. on Thursdays (Check for Location – 01638-713892) and Sunday School and Bible Study on Sundays at 11a.m, or the Worship Services at 3p.m. and 6.30p.m.

F. A. RUTTERFORD

The Great British Spring Clean on 3/4/5 March



As part of this national campaign, litter collecting equipment will be available from in front of the Village Hall between 9 and 10.30 am on Saturday 4 March. Full sacks of rubbish may also be left there for later collection by FHDC.

If you prefer to help on Friday or Sunday, we can arrange for equipment to be available for you to use. Please do get in touch.

Many thanks to those who have already offered to help and also special thanks to those who contribute to tidying up the village on a regular basis.

Enquiries and suggestions to Pamela on 510504 or email chairman@bartonmills.net

Short Term Improvements on the A11

Major works are not expected to take place for at least 10 years and, in the meantime, some interim improvements are being investigated.

These include a feasibility study for putting traffic lights on the Fiveways roundabout, a review of speed limits on all roads surrounding it and the possibility of camera enforcement, and improvements to signage and road markings including signage to McDonalds.

The parish council has also requested a low noise road surface and improvements to the junction at Chalk Hill.

There are no plans to close the central reservation crossing points as part of the short term measures.

The results of the feasibility study for traffic lights and the review of speed limits are expected to be available in April, so watch out for more news on the A11 in the spring.

Our speaker for January was Rosalind Hamill, a lady toast master and master of ceremonies.

Rosalind explained how a toast master is employed to oversee events and must be immediately recognised by the wearing of the well known red coat. This coat, in hunting pink, dates back to the time of Richard Beau Nash in the early/mid 18th century.

The role of toast master is to make announcements and use their knowledge of etiquette and experience to make sure the events run smoothly.

At a wedding, the toast master's role is to take care of the smooth running of the whole event, and also assumes similar responsibility at funerals.

It was an informative and most enjoyable evening.

Our next meeting is on Tuesday the 14th of February, the evening is bring and buy plus a game of bingo

Take a look at our website -

www.wibartonmills.weebly.com

Brown Bins

If your brown bin wasn't emptied on 18 January, it was because the contents were frozen. The plastic sack provided can be used to supplement the bin and will be collected, in addition to hopefully emptying bin, when the next collection is due on 1st February.

Barton Mills
Village Hall
Registered Charity



The Village Hall has available
to hire
catering quality
crockery and cutlery
(approx. 40 place settings).

For more information contact
Sue Norton
Tel 717040

BARTON MILLS 100 CLUB

The purpose of the Barton Mills 100 Club is to raise funds by operation of lotteries and draws to contribute to projects and/or organisations within the parish of Barton Mills for the general benefit of the people of Barton Mills.

Dec 2016 Winners

£150	J Ellison	51
£30	V Murrell	5
£15	D Little	120
£10	S Witton	87
£5	M Boura	62

Jan 2017 Winners

£30	M Kasasian	7
£15	S Bonnett	105
£10	S Pears	59
£5	R Nelson	214

**If you would like to become a member please contact our Treasurer:
Janette Miller - 49 The Street. Tel 712843**

IF YOU WANT TO WIN, YOU HAVE TO BE IN !!

Prizes of £30, £15, £10 and £5 monthly and twice a year additional prizes of £150.



MILDENHALL & DISTRICT MUSEUM AND MUSEUM SOCIETY

Mildenhall Museum Society. On Thurs. FEB. 2ND at 7.30 James Marston, miller and wordsmith, will speak on **Words, Wheat and Wuffings**.

If you are not already a member, consider joining now, £10 a year. The Society acts as the funding-raising arm of the museum as all running costs have to be met.

THANK YOU to everyone who has made a donation in exchange for kindling or small wood inside the gate of 29 The Street. Further supplies are available. Proceeds are for The Brooke, the animal charity (founded in 1934 by Dorothy Brooke in Egypt) which, by improving the lives of working equines in 12 countries, also helps their owners.

Norma Chapman

The Flower Workshop Team

We are very pleased to announce that £400 profit was made from the sale of Christmas arrangements. This has been donated to Cancer Research for Pancreatic Cancer. We thank everyone for their support and generosity.

We also will be decorating the Church with all foliage arrangements from Sunday 22nd January which should last until Lent - Ash Wednesday - 1st March. Please call in and see what can be done using just foliage.



Our thanks for the continued use of the Church Rooms

Knitted Poppy News

Nearly all the poppies knitted for the 2014 Remembrance Day display in St Mary's church have now been sold. This year, a batch was sent down to some friends in Woodford, who managed to sell most of them at £3.50 each!

The total amounts raised so far are -

2014 £100

2015 £302

2016 £332

The total of £734 has been split between **The British Legion and Help For Heroes.**

Receipts from those organisations are available to view.

So, again, well done to all those involved two years ago!

Glenda Berrett

**action critical research
for children**

The Riverside Theatre Company entertain you with dinner theatre

'LAST PANTO IN LITTLE GRIMLEY'

**Thursday 2nd February, Friday 3rd February
and Saturday 4th February.** 7.15pm prompt.

Riverside House Hotel, Mildenhall 01638- 717274

Ticket price includes a two course supper and coffee.
Thurs £22.50 Fri/Sat £25.00

Julie Merrick 01638-716177 or Carolyn Child 01638-510418

Regd Charity

SATURDAY 4th March 2017 at 7.30pm (ends 9.15pm approx.)

The APEX, Charter House Square, Bury St Edmunds

FOUR CORONATIONS AND A FUNERAL

Handel - Zadok The Priest
Handel - Let Thy Hand Be Strengthened
Handel - The King Shall Rejoice
Handel - My Heart Is Inditing
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All seats reserved

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www.burybachchoir.co.uk

ARE YOU AWARE OF HOME ASSISTANCE GRANTS ?

Funding is available from **West Suffolk Councils** to assist families/residents to make safe, repair and improve their homes.

We can assist in different ways, through Warmer Homes Healthy People or through the Home Assistance grant (HAG) to help home owners carry out repairs and improvements to their homes to ensure that they are warm, weathertight, safe and secure and have reasonably modern kitchen and bathroom facilities.

What type of works may qualify for a grant?

- Works to remove serious health and safety hazards in the property.
- Works to the structure of the property such as walls and external elements including roof covering and windows.
- Internal services and amenities such as boilers, and electrics where they are in need of replacement or major repair are also included.
- The provision of efficient heating systems and effective insulation where there is none.
- In certain circumstances the improvement of old kitchens (over 20 years) and bathrooms (over 30 years) and improving internal layout.
- Carry out minor adaptations to enable the owner to be discharged from hospital and reoccupy their home.

If you wish to apply for a grant or require more information please call Debbie Paine on 01284 757036 or email debbie.paine@westsuffolk.gov.uk

FIST BUMPS by *Brian Crowder*

Nearing mid-winter, we often see an increase in colds and flu left over from crowded gatherings of people at Christmas and New Year parties. These festive occasions are a happy hunting ground for spreading germs both airborne and through hand shaking. Door and shopping trolley handles are known to be harbingers of germs. Kisses are safer on the cheek than on the lips but shaking hands, especially for men who do more handshaking than women, is a dangerously unforeseen way of infecting a group of people.

St George's Hospital in London have notices displayed throughout reading "THIS IS A NO SHAKING HANDS HOSPITAL" and suggests "**Fist Bumps**". Why? Someone with a cold or in the early stages of real flu will be blowing their nose into a handkerchief or tissue which will transfer germs to the underside of their palms and fingers. With a cough or sneeze we mostly cover our mouths or noses with a semi-open hand making it infectious with plenty of germs on the palm and fingers waiting to be transferred to an almost unlimited number of hand shakers. The palm of the hand is a moist, warm incubator of germs unlike the outside of one's cool, dry fist.

Someone, perhaps in the medical profession, has thought up a way of greeting (to replace the risk of handshaking) which is known as the "**Fist Bump**". The theory is that there are far less germs, if any, on the outside of the closed fist. Several of my family and friends have used this method of greeting for a year or so and although handshaking is a time-honoured and friendly ritual, we have used the first bump and found that no-one objects and often say, "What a good idea!"

DEGREE QUALIFIED CHIROPODIST/PODIATRIST



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3/17

2/17



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2/17



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61, Church Meadow, Barton Mills, Suffolk, IP28 6AR

What's on in Freckenham February 2017

Freckenham Film Nights – no need to book just turn up - £5. Bar **Friday, 3rd February** – **Bridget Jones's Baby**. The much anticipated third instalment of the Bridget Jones's franchise brings fellow Academy Award (R) winner Emma Thompson to the case.

Tues 7 February – **Coffee Caravan** 2 – 4pm free cuppa & advice.

Friday 24 February – **Join us for the Macmillan Mammoth Quiz**. There's no need to book. You can come as a team, or come along and join others. No entry fee but a donation to Macmillan Cancer Support is requested. Bar available for refreshments. Doors open 7 for 7.30pm start. Raffle. Any queries call Jacqui on 07770 477688.

Saturday 25 February 10 – 12 noon Farmers & Crafts Market with seasonal produce, meat, bread, cheese, pies, honey, eggs, preserves & pickles and crafts at the market. Cuppa, cakes & bacon rolls too. **Then in the evening Saturday 25 February** CAE bring **Gramophone Theatre** back to Freckenham (their previous visit in 2013 with End to End had the audience spellbound with their true tale of John O'Groats to Lands End trip) **with Wanderlust**. This show brings together a touching assortment of remarkable stories collected in Norfolk and Suffolk. Each armed with a Dictaphone and a pair of wellies, three women began a search to satisfy their lust for adventure. Hunting in forgotten corners of the country they each hoped to bring back the most exciting tale. What they found instead was something better. Wanderlust weaves stories together using humour, verbatim and beautiful live music to take the audience on an uplifting journey. Doors & bar open 7pm for 7.30pm start. There will be an interval. Ticket Price adults £9 under 18 £5 (suitable for 10+) . 07542 198 933 or 01638 720118.

Film Night Friday 3rd March – A Street Cat Called Bob.

Zumba on a break. New Pilates class has started on Fridays! Further details for these, stall holder update and all our weekly activities check our new website www.freckenham.suffolk.cloud

11/17

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2/17

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Barton Mills Village Hall

Monday evenings: 18.00 -19.00

Rate: £3.50 per participant



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3/17

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6/17



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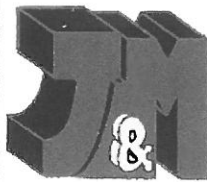
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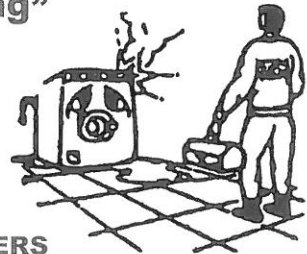
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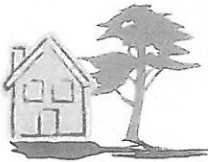
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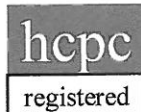
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